

PORE CLOGGING INGREDIENTS IN SKIN CARE PRODUCTS

Do not ever put anything on your skin without checking the ingredients first, *even if the packaging says "won't clog pores" or "non-comedogenic"*. Listed below are all the ingredients that can aggravate acne. The higher the number assigned to the ingredient, the more likely it is to clog your pores.

Ingredient	#	What the Ingredient is
Acetylated Lanolin	4	Lanolins & Derivatives
Acetylated Lanolin Alcohol	4	Lanolins & Derivatives
Algae Extract	5	Botanicals
Algin	4	Minerals
Butyl Stearate	3	Fatty Acids & Derivatives
Carrageenan	5	Botanicals
Cetyl Acetate	4	Alcohols, Esters, Ethers & Sugars
Cetearyl Alcohol + Cetareth 20	4	Alcohols, Esters, Ethers & Sugars
Cocoa Butter	4	Natural Oils
Coconut Butter	4	Natural Oils
Coconut Oil	4	Natural Oils
Colloidal Sulfur	3	Minerals
Cotton Awws	3	Natural Oils
Cotton Seed Oil	3	Natural Oils
D & C Red # 17	3	Pigments
D & C Red # 21	3	Pigments
D & C Red # 3	3	Pigments
D & C Red # 30	3	Pigments
D & C Red # 36	3	Pigments
Decyl Oleate	3	Fatty Acids & Derivatives
Diocetyl Succinate	3	Fatty Acids & Derivatives
Disodium Monooleamido PEG 2-Sulfosuccinate	4	Alcohols, Esters, Ethers & Sugars
Ethoxylated Lanolin	3	Lanolins & Derivatives
Ethylhexyl Palmitate	4	Fatty Acids & Derivatives
Glyceryl Stearate SE	3	Alcohols, Esters, Ethers & Sugars
Glyceryl-3-Diisostearate	4	Alcohols, Esters, Ethers & Sugars
Hexadecyl Alcohol	5	Alcohols, Esters, Ethers & Sugars
Hydrogenated Vegetable Oil	3	Natural Oils
Isocetyl Alcohol	4	Alcohols, Esters, Ethers & Sugars
Isocetyl Stearate	5	Alcohols, Esters, Ethers & Sugars
Isodecyl Oleate	4	Fatty Acids & Derivatives

Isopropyl Isosterate	5	Fatty Acids & Derivatives
Isopropyl Linolate	5	Fatty Acids & Derivatives
Isopropyl Myristate	5	Fatty Acids & Derivatives
Isopropyl Palmitate	4	Fatty Acids & Derivatives
Isostearyl Isostearate	4	Fatty Acids & Derivatives
Isostearyl Neopentanoate	3	Fatty Acids & Derivatives
Laureth-23	3	Alcohols, Esters, Ethers & Sugars
Laureth-4	5	Alcohols, Esters, Ethers & Sugars
Lauric Acid	4	Fatty Acids & Derivatives
Mink Oil	3	Natural Oils
Myristic Acid	3	Fatty Acids & Derivatives
Myristyl Lactate	4	Fatty Acids & Derivatives
Myristyl Myristate	5	Fatty Acids & Derivatives
Octyl Palmitate	4	Miscellaneous
Octyl Stearate	5	Alcohols, Esters, Ethers & Sugars
Oleth-3	5	Alcohols, Esters, Ethers & Sugars
Oleyl Alcohol	4	Alcohols, Esters, Ethers & Sugars
PEG 16 Lanolin	4	Lanolins & Derivatives
PEG 200 Dilaurate	3	Alcohols, Esters, Ethers & Sugars
PEG 8 Stearate	3	Alcohols, Esters, Ethers & Sugars
PG Monostearate	3	Alcohols, Esters, Ethers & Sugars
PPG 2 Myristyl Propionate	4	Fatty Acids & Derivatives
Polyglyceryl-3-Diisostearate	4	Alcohols, Esters, Ethers & Sugars
Potassium Chloride	5	Minerals
Propylene Glycol Monostearate	4	Alcohols, Esters, Ethers & Sugars
Red Algae	5	Botanicals
Shark Liver Oil	3	Oils
Sodium Chloride	5	Minerals
Sodium Laureth Sulfate	3	Detergents
Sodium Lauryl Sulfate	5	Detergents
Solulan 16	4	Lanolins & Derivatives
Sorbitan Oleate	3	Thickeners & Emulsifiers
Soybean Oil	3	Natural Oils
Steareth 10	4	Alcohols, Esters, Ethers & Sugars
Stearic Acid Tea	3	Miscellaneous
Stearyl Heptanoate	4	Fatty Acids & Derivatives
Sulfated Castor Oil	3	Natural Oils
Sulfated Jojoba Oil	3	Waxes
Syaryl Heptanoate	4	Fatty Acids & Derivatives
Wheat Germ Glyceride	3	Alcohols, Esters, Ethers & Sugars
Wheat Germ Oil	5	Natural Oils
Xylene	4	Miscellaneous